Job Title: Performance Therapist (Multisport)

Unit/School: Cardiff Met Sport

Grade: 4A/B

HERA: METS133

Core purpose of role

The Performance Services team is an integral part of the wider Sports System, working across the university's performance programmes to deliver the highest quality support with the aim of ensuring the very best student-athlete experience. The current role will be delivering a sports rehabilitation and matchday support to selected performance programmes.

As part of a newly shaped staffing structure, the successful candidate will work closely with existing Performance Services team to deliver sports rehabilitation and matchday support whilst acting independently to develop their own practice and problem-solving skills.

Key responsibilities and contributions

- Work with the Head of Performance Services, Head Physiotherapist and Heads of sports to understand and meet the needs of the relevant programmes.
- Contribute to the planning and administration of a robust rehabilitation provision for the performance programme.
- Provide on-field, pitch side, and gym-based provision sports programmes, utilising the wider MDT, academic staff, and the student workforce to supplement the delivery of services.
- Ensure all performance programme players have access to structured individual and group-based return to play programmes.
- Deliver structured return to play (RTP) processes and concussion protocols aligned to NGB and grassroots guidance.
- Support regular digital reporting, weekly and monthly monitoring and GPS database.
- Experience of using diagnostic equipment and athlete programming and monitoring systems (VALD, Gymaware, TrainMyAthlete etc).
- Operate as guided by the Head Physiotherapist and team physiotherapists.
- Comply with all governance processes and codes of conduct, completing associated duties for the British Universities & Colleges Sport (BUCS) and Performance Services minimum operating standards, including the audit and review process for all relevant areas.

Person specification

Essential qualifications / Professional memberships

- Undergraduate degree in Sports Rehabilitation or similar/equivalent.
- Full BASRAT or SST registration.
- Pitch-side sports trauma qualification (PHICIS Level 2, or equivalent approved by the Royal College of Surgeons Edinburgh.
- First Aid qualification.

Essential experience, knowledge and skills

1. Undergraduate or Postgraduate degree in Sports Rehabilitation or similar.
2. Experience of working as a sports therapist within a sports environment.
3. Experience of assessing and treating musculoskeletal conditions and sports injuries.
4. Experience of delivery match day, pitch side medical support.
5. Experience of working in a sport setting.
6. Demonstrate the ability to work independently and as part of a team of interdisciplinary staff and stakeholders.
7. Experience of using diagnostic equipment and athlete programming and monitoring systems (VALD, Gymaware, TrainMyAthlete etc).
8. Excellent problem solving, written, and verbal communication skills.
9. Commitment to working in a flexible approach, involving regular evening and weekend delivery.

Desirable

1. Understanding of the pressures of dual career student-athletes.
2. Experience of working in a men's rugby or team sport environment.

Welsh skill requirements

Welsh is essential to our students and staff and is a key part of our provision and services. For every position at Cardiff Met, proficiency in Welsh language is either essential or desirable. You can find information about the levels by viewing our booklet: Welsh language skills levels. If a skill is listed as essential in the table below, please ensure you demonstrate this in your online application form.

Language level and general descriptor	Listening	Reading	Speaking	Writing
A1 – Beginner Can understand and use familiar everyday expressions and very basic phrases in Welsh.	Desirable	Desirable	Desirable	Desirable
A2 - Basic user Can deal with simple, straightforward information and communicate in basic Welsh.				
B1 - Intermediate user Can communicate, to a limited level, in Welsh about things that are familiar and/or work related.				
B2 - Upper intermediate user Can express myself in Welsh on a range of topics and understand most of a conversation with a native speaker.				
C1 - Fluent user Can communicate fluently in Welsh.				
C2 - Master user Can communicate fluently on complex and specialist matters in Welsh.				

Disclosure & Barring Service requirements

This post requires an enhanced DBS child barred list check.

Supporting information

The University is a dynamic organisation and changes may be required from time to time. This job description and person specification is not intended to be exhaustive.

The University is committed to the highest ethical and professional standards of conduct. Therefore, all employees are expected to have due regard for the impact of their personal behaviour and conduct on the University, students, colleagues, business stakeholders and our community. Each employee must demonstrate adherence to our Code of Professional Conduct. In addition, all employees should have particular regard for their responsibilities under Cardiff Metropolitan University's policies and procedures.